

SO OTHERS MIGHT EAT FOOD DRIVE

SOME (So Others Might Eat) is an interfaith, community-based organization that exists to help the poor and homeless of our nation's capital



So Others Might Eat
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www.some.org
United Way# 8189
CFC# 74405

Help SOME feed families in need!

Suggested Food Items:

- Canned or frozen turkey, chicken, salmon
- Peanut butter and other nut butters
- Whole grain crackers
- Low-sugar cereal
- Oatmeal
- Pasta sauce and tomato sauce
- Grains/quinoa
- Coffee & Tea
- Nuts
- Breakfast bars
- Fresh produce, eggs and dairy
- Beans and lentils (dry or canned)
- Canned vegetables (low-sodium)
- Canned fruit (packed in water or juice)
- Health snacks like dried fruit (w/o sugar)
- Applesauce
- Milk alternatives (soy and almond milk)

Thank you for helping to nourish the hungry in our community!

