

Mondays

Chess: Elementary, Grades 1-6 (4:10 - 5:10 PM)

\$160 for 8 Classes - Dates: 3/30, 4/6, 4/13, 4/20, 4/27, 5/4, 5/11, 5/18

Enter into the magical and exciting world of chess with Chess Wizards! You will participate in epic chess games, fun and interactive lessons, tournaments, team matches, trivia and more! Our specialized classes are a blast for everyone in kindergarten through fifth grade. Whether you have been playing chess for your entire life and want to improve, are brand new to the game, or you just want to have a fun experience with your friends - Chess Wizards is the place for you!

Soccer: Elementary, Grades 1-6 (4:10 - 5:10 PM)

\$200 for 8 Classes - Dates: 3/30, 4/6, 4/13, 4/20, 4/27, 5/4, 5/11, 5/18

Learn the fundamentals of passing, dribbling, shooting, and teamwork in a fun and playful environment. We stress enjoyment of the game over winning. Our coaching staff will work with each child to make sure they are enjoying themselves and learn the basics of soccer. We will have scrimmage time included before the end of the class.

Tuesdays

Girls on the Run: Elementary, Grades 2-6 (4:00 - 5:30 PM)

Tuesday Dates: 3/3, 3/10, 3/17, 3/31, 4/7, 4/14, 4/21, 4/28, 5/5, 5/12 (no class on 3/24)

GOTR is an empowering program for girls. Through running and other challenges, this program develops teamwork, friendships, and athletic abilities. Please note: this class requires students to attend on Tuesdays AND Thursdays. Also, the registration is external from Aidan's Discovery registration. To register, please go [here](#).

Tuesdays, continued

Breakdancing: Elementary, Grades 1-6 (4:10 - 5:10 PM)

\$230 for 8 Classes - Dates: 3/31, 4/7, 4/14, 4/21, 4/28, 5/5, 5/12, 5/19

The Lab's Break Dance program is designed to introduce students to dance using basic Breakin' techniques and skills. Instructors will teach basic Breakin' to develop strength, coordination and gross motor skills (skipping, hopping, leaping, etc). They will encourage physical activity, teamwork and confidence through rhythm based activities in a fun and exciting class setting. The program will help your young dancer develop better balance, coordination, listening skills and other social skills.

Flag Football: Elementary, Grades 1-6 (4:10 - 5:10 PM)

\$200 for 8 Classes - Dates: 3/31, 4/7, 4/14, 4/21, 4/28, 5/5, 5/12, 5/19

Led by Aidan's Mr. Purse and Ms. Goodman, this class will focus on the basics of flag football. Passing, catching, and teamwork will be practiced and developed. With a strong emphasis on spacing and team play, this class will teach physical and strategic skills and habits that can translate to other team sports in addition to football. We will end each class with an organized scrimmage. All skill levels are welcome to join!

Wednesdays

Gymnastics: Elementary, Grades 1-6 (4:10 - 5:10 PM)

\$220 for 8 Classes - Dates: 4/1, 4/8, 4/15, 4/22, 4/29, 5/6, 5/13, 5/20

Students in this class will jump, hop, and climb as they learn fundamental gymnastics skills in an entertaining and fast-paced way. The class will open up with a fun warm-up and stretch. The students will learn basic floor gymnastics skills, including cartwheels, handstands, bridges, back walkers, and agility movements. The goal is for students to learn gymnastics skills in a fun and interactive way! Reminder: It is important for students to dress appropriately in athletic or gymnastics apparel.

Maker Workshop: Elementary, Grades 1-6 (4:10 - 5:10 PM)

\$200 for 8 Classes - Dates: 4/1, 4/15, 4/22, 4/29, 5/6, 5/13, 5/20, 5/27 (no class on 4/8)

Do you like to build and create? In this class, students will learn new techniques, but will also be encouraged to experiment with a wide range of materials. We'll make plaster casts, build toy cars, create treasures from found objects, and much more!

Thursdays

Girls on the Run: Elementary, Grades 2-6 (4:00 - 5:30 PM)

Thursday Dates: 3/5, 3/12, 4/2, 4/9, 4/16, 23, 4/30, 5/7, 5/14 (no class on 3/19, 3/26)

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Thursdays, continued

Boys Will Run: Elementary, Grades 1-6 (4:10 - 5:10 PM)

\$95 for 8 Classes - Dates: 4/2, 4/9, 4/16, 4/23, 4/30, 5/7, 5/14, 5/28 (no class on 5/21)

Boys Will Run is back! This class is led by Mr. Luke Kovacs, who is the physical education teacher at Janney Elementary School and began Boys Will Run 8 years ago. Students in Boys Will Run not only run, but work on the fundamentals of running itself by correcting students' form. Making students more efficient at running reduces long-term injuries and helps them enjoy one of the most effective forms of exercise available. Running also boosts self-confidence, curbs obesity and, perhaps most significantly of all, instills exercise habits that can last a lifetime.

Tennis: Elementary, Grades 1-6 (4:10 - 5:10 PM)

\$250 for 8 Classes - Dates: 4/2, 4/9, 4/16, 4/23, 4/30, 5/7, 5/14, 5/28 (no class on 5/21)

Play Tennis with TGA at Aidan! TGA brings the tennis court to you offering a fun introduction to the game for ages all ages. Students focus on improving fine motor skills and coordination while learning the basic rules & etiquette of tennis. Coaches use teachable moments to promote life skills like honesty and sportsmanship. Modified equipment (provided by TGA) and activities are designed to help each student reach a new level of success in an entertaining and supportive environment.

Fridays

No classes available due to the many upcoming Fridays with no after-school programming.