

# Toddler Distance Learning Program

Week Nine: May 25-29, 2020

## Language

1. Read ***The Very Hungry Caterpillar***. Can you match any of the food items the caterpillar ate with food you have in your kitchen?
2. [Listen to insect sounds](#). Can you mimic them? Use [these cards](#) as inspiration to find those insects outside on your nature walks. Watch [Ms. Nimmi's Ladybug story](#).

## Self-Expression

1. Let's create butterflies. Follow [along these steps](#) to create your coffee filter butterflies. Watch as the colors change and move. You can use watercolors or dot paint or markers sprayed with water. White copy paper will work as well.



2. Decorate pieces of cardboard that may be around in your house (egg cartons, boxes, toilet paper tubes, etc.). What can you use them for? (***see Work of the Hands for an idea***).

## Practical Life

1. After all that digging and exploring in the dirt, shirts, pants, or socks may be quite dirty! Set up a bin with water or go to a sink that is reachable. Provide a bar of soap that fits their hand. Soak the shirt in water. Show them how to rub some soap on the dirty area and rub the cloth together. Rinse it in the water. Wring out the garment. Let it dry on a drying rack or put it into the washing machine for further washing.
2. Include your child in routines and encourage independence and intrinsic motivation. Use these [routine cards](#) or make your own. Help your child place them in the order they would like and tape them to the wall. This way your child is involved in the process and can see what needs to happen. (Rather than nagging, ask "What do the cards say is next?").

## Kitchen

1. Check out Ants on the Log! See [the recipe and a breakdown of the work](#). Watch Ms. Barba's [cooking video](#).
2. Create a colorful salad. Many insects enjoy leaves, flowers, and seeds. What greens will you use (and wash)? Slice fruits and vegetables to create those colors. Sprinkle some seeds over it to create that crunch.

## Movement

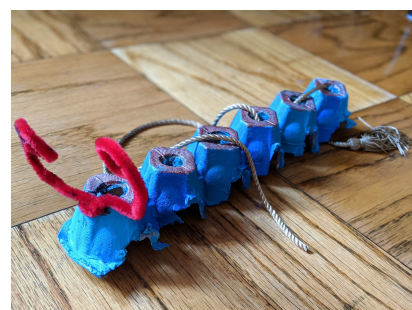
1. Dance and move like those insects. Here are some examples: sing ***Salta Salta*** (while jumping like a grasshopper), ***The Ants Go Marching*** (march around like ants), or ***Itsy Bitsy Spider*** (crawl like a spider).
2. Move through these insect yoga poses (see attached pdf).

## Work of the Hands

1. Use your hands to dig in dirt, turn over rocks, and look under leaves. Did you find any worms, ants, or beetles? Don't forget to put nature back.
2. Make some holes in a piece of cardboard (***see Self-Expression***). Have a shoelace or yarn to use as a threading activity. The adult can even cut out shapes of some of the food ***The Very Hungry Caterpillar*** ate.



Cardboard Box Fruit



Egg carton caterpillar