

## Language

1. Grow your child's desire to learn words. Create a language basket that is safe for your child to explore. Use real objects from your home classified by theme - hair accessories, tools from the kitchen, or toiletries (travel size containers that are empty of product).



2. We are so sad to miss [Special Persons' Day](#). Send a card of appreciation or video chat with your special person(s).

## Self-Expression

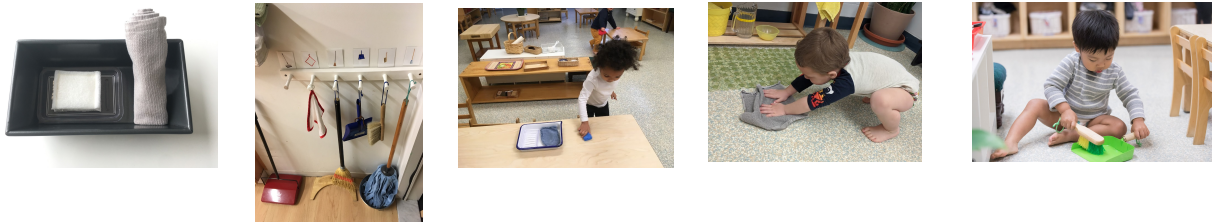
1. Pare down the art supplies and make them accessible so your child can truly explore different mediums. Keep in mind that they are learning to use the materials rather than learning how to draw, paint, or color.



2. How will you be celebrating mothers on this Mother's Day? Will you host a tea party, set the table for a delicious meal, bake a tasty treat, make a lovely centerpiece, play an instrument, or make a homemade gift? **Reference Week 2 DLP "Self-Expression" and "Kitchen" for more details.**

## Practical Life

1. Invite your child to use cleaning tools to help care for your home: wipe the table with a half sponge after a meal, sweep up crumbs under their chairs with a small broom and dustpan, or mop or vacuum using implements with shortened handles.



2. [Involve your child in their self-care](#), including practices like washing their hands, brushing their hair and teeth, wiping their nose, and cleaning their face. Offer your child an oshibori (warm cloth) after that messy meal (yogurt or pasta sauce - eek!) so they can wipe their face near a mirror.



## Kitchen

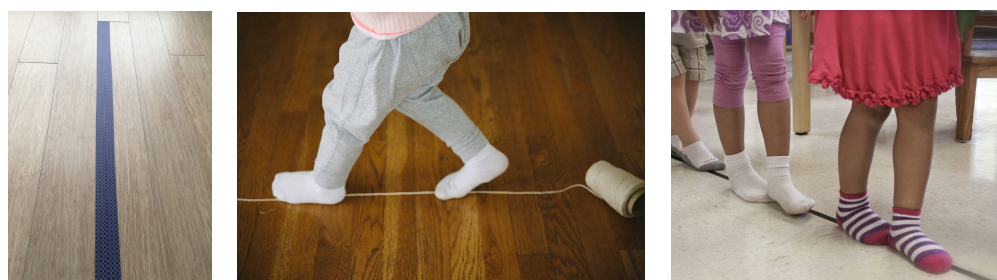
Encourage self-sufficiency!

1. Show your child how to refill their own water bottle or pour a glass of water from a small pitcher. Can your child access water independently when they are thirsty? (Trick: Put out only as much water as you are willing to clean up.)
2. Include your child at snack time. Let them peel the clementine, slice the banana, peel the egg, cut up the cheese or vegetable. Make [Drew's Mango Banana Popsicles](#) with Ms. Barba! [Here is the recipe and breakdown of the children's work.](#)



## Movement

1. Go outdoors daily (if you aren't already)! Remember: "There's no such thing as bad weather, only bad clothing!" We are lucky not to have to stay indoors. Avoid asking your child if they want to go outside. (Yes or no questions usually get an emphatic No!) Make such an excursion part of your child's routine so it's non-negotiable. It does wonders for the whole family!
2. Make an indoor or outdoor balance beam using a plank of flat wood, a line of tape on the floor, or a chalk line. Model how to walk on the plank safely and how to keep your balance. Step one foot in front of the other, heel to toe. Notice how fast or slow you can go while keeping your balance and feet on the line. Do you need your arms out to balance?



## Work of the Hands

1. Invite your child to remove the stickers from the produce after your shopping trip. Wash hands before and after!
2. Create a threading activity. Use a shoelace with noodles, pony beads, wooden beads, buttons, or cut up straws. Repeat, repeat, repeat!

