

# Writing Prompts

[illegible]

**"The surest test of discipline is its absence."  
--Clara Barton (founder of the American Red Cross)**

Reflect back on the past year. In what area of your life were you most disciplined? Was it a school assignment, participation in a club or sport team, etc...? Why do you think you were so disciplined, and did it pay off?

[illegible]

**"I dream my painting and then I paint my dream."  
--Vincent van Gogh (Dutch Post-Impressionist painter)**

How can this quote be applied to one's life? In order to achieve a dream, what must one do?

[illegible]

**--Thomas Jefferson (3<sup>rd</sup> President of the United States)**

[illegible]