

# Rainsticks



## What You Need:

- 1 Paper towel roll or an aluminum foil roll
- A sheet of colorful construction paper
- A piece of aluminum foil
- A piece of plastic wrap
- A tablespoon of dried beans or popcorn kernels
- Tape
- Markers or any other coloring utensils
- Stickers (optional)
- Ribbon (optional)

## Instructions

1. Begin by drawing pictures, shapes, or any design of your choosing on one side of a colored sheet of paper. Hold onto this decorated construction paper you will add it in step 5.
2. Next, crumple up a long thin piece of aluminum foil and insert into the roll. The aluminum foil will serve as a barrier to keep either the beans or popcorn kernels from moving to quickly. This step will allow the contents in the tube to travel at a slow rate, thereby creating a rainfall sound.
3. Place a doubled-up piece of plastic wrap over one end of the roll and then tape it in place.
4. Pour a tablespoon of dry beans or popcorn kernels into the open end of the roll, then proceed to seal that end with a doubled-up piece of plastic wrap. Finish it off once again by taping plastic wrap to secure it in place.
5. Tape decorated paper that you have already created in step 1 and begin to slowly wrap around the tube, securing the end with tape. (Note, only about 1/3 of the end of the actual paper will show once wrapped around a paper towel roll if using one.)
6. Continue to decorate your rainstick by adding stickers, tape, or ribbon. Remember to tip your rainstick back and forth to enjoy that sweet sound of a rainfall!