

Toddler Distance Learning Program

Week Four: April 20-24, 2020

Language

1. Do you have an instrument at home? Talk about all the parts of the instrument. Name some notes. If you do not have instruments at home you can print/view these "[Players and Instruments](#)" or "[Instrument Language Cards](#)" and [listen to clips](#) of different instruments.
2. Create language cards using family photos or the [class photo album](#).



Self-Expression

1. Listen and enjoy a playlist of favorite songs created by the Aidan Toddler children and their families. Visit the "Music" folder under Resources on your class portal.
2. Use your body to hear different sounds as you move. Clap hands, tap thighs, stomp feet, snap fingers, pat stomach, smack lips together. Can you do those movements softer or louder? Can you tap other parts of your body?

Practical Life

1. "Welcome to the Car Wash!" Wash the family car with buckets and a sponge. Don't have a car...? Offer to wash a neighbor's car! Wash toy cars or children's outdoor toys, e.g. the basketball hoop, tricycle, or scooter.
2. How's your child's [toileting process](#) going? Observe and reflect how far your child (and you!) have come with toileting independence! Are they ready for fewer reminders, less

adult supervision in the bathroom, staying dry during naps or at night? Are your toileting spaces and materials encouraging independence? Need help? Reach out to Ms. Barba, Ms. Thain, or a veteran toddler parent.



Kitchen

1. "I'm a Little Teapot!" Have a Tea party. Invite other family members or stuffed animal friends. Remember to practice manners! What tea will you choose?
2. Let's make Jordan's Blueberry Muffins. [See the recipe and a breakdown of children's work.](#) Watch Ms. Barba's [cooking video](#). Add these treats to your tea party! View this [video clip](#) of a child taking out the muffins from the muffin tin.

Movement

1. Build a fort. Read books or host a stuffed animal gathering inside the fort. Ideas of fort building materials: couch cushions, sheets, tables, chairs, pillows! An empty cardboard box is a perennial favorite.
2. Dance to your child's favorite tunes, your favorite tunes, or the playlist the children and families created. (See Self- Expression panel.)

Work of the Hands

1. [Water paint outdoors like Aidan's art teacher, Ms. Skor.](#) If you don't have a paint brush use your finger or make a paint brush from objects found in nature. Here's how to make a [nature paint brush](#).
2. [Create your own instruments](#): shakers containing beans in a toilet paper tube or a tin can drum. Look to nature for some music ideas!